

Kentucky Suicide Prevention Group (KSPG) Meeting December 3, 2004

The group was asked to review, revise, and finalize the following information. The Vision, Mission, and Goals are the final product for this activity:

Vision

The vision of the Kentucky Suicide Prevention Group is to lead the Commonwealth in providing and promoting opportunities for all Kentuckians to become active in the reduction of suicide deaths and attempts.

Mission

The mission of the Kentucky Suicide Prevention Group is to decrease suicide deaths and attempts in the Commonwealth through advocacy, education, training, and evaluation.

Goals

Advocate

Our goal is to advocate for suicide prevention efforts.

Educate

Our goal is to develop and implement educational strategies.

Marketing and Public Relations

Our goal is to develop and implement marketing and public relations strategies.

Mobilize Communities

Our goal is to develop and expand community suicide prevention.

Secure Funding

Our goal is to secure funding for suicide prevention efforts.

Roles and Responsibilities

The group was asked to review and define the roles and responsibilities of the KSPG. The following roles and responsibilities of each were assigned by the group.

Coordinator – Jason

- Liaison to national and state organizations
- Central point of contact
- Central source of information
- Coordinate KSPG Meetings (large group meetings)
- Integrate information among state agencies
- Lead staff for steering committee
- Serve as the liaison between this group and the Cabinet (chief advisor)
- Disseminate meeting minutes/reports

Steering Committee Chair

- Group spokesperson
- Leadership for steering committee
- Maintain focus of vision
- Have regular communication with coordinator
- Serve as tie-breaker with Steering Committee

Steering Committee

- Act as the Board of Directors
- Issue charges to the group
- Make recommendations to HB 843 Commission

Task Group Leader

- Implement action plan for specific tasks
- Keep the focus for completion of task
- Recruit members as needed
- Task Group member

Kentucky Suicide Prevention Group

- Chose Steering Committee members
- Implement the strategic plan – achieve vision
- Make recommendations to Steering Committee
- Make it happen
- Define task and participants

Staff Support

- Advise task groups
- Liaison to coordinator

Steering Committee Structure

The group was asked to review and update the Steering Committee structure for the future.

During this activity the group decided they would like to pursue future membership of the **KSPG** to include the following key stakeholder groups.

- ✓ Faith-based
- ✓ First-responder
- ✓ K-12 and Higher Education
- ✓ Legislators
- ✓ Mental Health
- ✓ Public Health
- ✓ Survivors
- ✓ Survivor Service Groups/Hospice

Steering Committee Structure *continued*

How many people do you need on the Steering Committee and what group do they represent?

Need odd number (5)

- ✓ Connie – Chair: First Responders
- ✓ Dennis - Mental Health
- ✓ Jan - Survivors
- ✓ Richard - Education
- ✓ Linda – Public Health
- ✓ Jason – Consultant (non-voting)

What is the length of the terms?

The group decided that rotating terms would best serve the group.

This term ends December 31, 2005 and the terms follow the calendar year.

- ✓ Connie - 1 year
- ✓ Dennis - 1 year
- ✓ Jan - 2 years
- ✓ Linda - 2 years
- ✓ Richard - 1 year

How will the members be chosen?

- ✓ KSPG nominations or can self nominate
- ✓ Steering committee will vote for new members- majority rules
- ✓ Steering committee will chose their chair – every January
 - Could be renewable for second term
- ✓ Steering committee has power to increase group size
- ✓ Each member shall designate an alternate from the group

Are there other stipulations for serving on this Committee?

- ✓ Time to dedicate
- ✓ Passion for the issue
- ✓ Maintain diversity

*The KSPG also determined that the Steering Committee would continue to have open meetings.

Guiding Values

The group was asked to brainstorm what they believe are the guiding values that will assist the KSPG in reaching their vision.

- All persons are responsible for suicide prevention efforts
- Belief in what we are doing
- Caring
- Commitment
- Compassion
- Cultural
- Dedication
- Dignity and worth of all human beings
- Every life has value
- Everyone is recognized as having an important voice
- Family
- Fellow feeling
- Human life is worth safe-guarding (even against an individual's will at some points)
- Legal
- One life is too much to lose - 2
- Openness
- Personal
- Preserving families
- Professional
- Respond and reach out to others in need with compassion and specific help
- Responsibility toward others
- Saving lives
- Suicide almost always is preventable if intention is early enough in the process toward self-harm.
- Suicide prevention is everybody's business - 2
- To create hope
- To facilitate support networks
- To prevent suicide by awareness and education
- Value guiding groups

The group was given a brief lesson plan on writing objectives for strategic planning and then asked to write sample objectives. The following includes SAMPLE Objectives.

Advocacy

Objective: Outreach and distribute survivor packets to 70% of Kentucky funeral homes by December 2005.

Education

Objective: To train 30 more QPR instructors by March 1, 2005.

Strategy: Offer Training

Action Step	Person Responsible	Time Frame	Procedure
1. Secure facility	Connie	January / February 2005	Reserve Board Room
2. Set training date	Connie / Jason	January / February 2005	Contact trainer
3. Secure trainer	Connie / Jason	January / February 2005	
4. Identify persons / groups to be trained	SPPQ	January / February 2005	
5. Set cost of training	SPPQ	January / February 2005	
6. Obtain food for event	Beth	January 15, 2005	Ask for food donations

Partners: Employers, Drug companies, Hospitals & Food Establishments

Budget: To be based on fee for training

Mobilize Communities

Objective: To implement a Suicide Prevention Model in ten (10) schools in the Commonwealth of Kentucky by July 2006.

Strategy 1: Task Force Development
(1 Counselor; 1 Administrator / School; 1 Teacher)

Strategy 2: Identify ten (10) schools

Strategy 3: Develop a "How to Implement a Suicide Prevention Model" packet

Additional Notes

- Book recommendation - Suicide Across the Life Span by David Capuzzi, ISBN 1-55620-232-6
- Upcoming events, resources, and other updates regarding the group can be found online at <http://mhmr.ky.gov/MH/Suicideprev.asp>. Meeting minutes will be available online soon.